

Jessica Rudman

---

# Rituals and Superstitions

*for Flute/Alto Flute and Percussion*

2013

ca. 12:00

## **Rituals and Superstitions**

for Flute/Alto Flute and Percussion

**\*TRANSPOSED SCORE\***

### **Performance Notes**

- An X in place of a time signature indicates an unmetered section. The duration of each such section is indicated above in seconds. In such sections, stemless noteheads followed by solid horizontal lines indicate notes held for an indeterminate length. The proportions of the lines give a general sense of how long the notes should be held. Empty spaces similarly indicate rests.
- Each unmetered section is counted as one measure for the purposes of bar numbers.
- Accidentals apply throughout each measure. In unmetered sections, cautionary accidentals are printed except in the case of an immediately repeated pitch (in which case the preceding accidental continues to apply).
- Trills with no accidental after the trill sign use the natural note above. If an accidental appears after the trill sign, apply that accidental to the note above.
- Grace notes should be played before the beat.

### **Program Notes**

*Rituals and Superstitions* grew out of the first movement, which involves a call and response exchange between the two players. The processional aspects of that music reminded me of a prehistoric ritual and brought to mind the role sound can play in religion, spirituality, and even magic. The other two movements approach that idea from different angles, exploring the space between fantasy and faith.

### **Composer Contact Information**

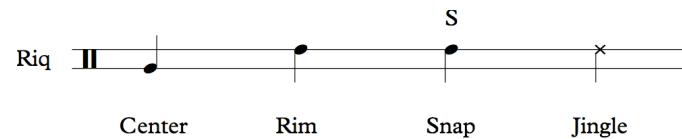
Jessica Rudman

Email: [jessica\\_rudman@yahoo.com](mailto:jessica_rudman@yahoo.com)

Website: [www.jessicarudman.com](http://www.jessicarudman.com)

## Percussion Key

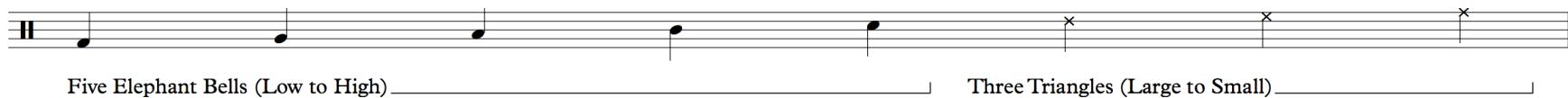
### Movement I: Riq



### Movement II: Two Wind Gongs and Zabumba



### Movement III: Three Triangles, Five Elephant Bells, and Crotales





# Rituals and Superstitions

Jessica Rudman (b. 1982)

## I. Antiphonal Procession

25 - 30"

**Like a ritual, free and dramatic but very slow**  
play with exaggerated motions throughout

Alto Flute: spit, za ka, bo, flz., tse, flz., zo,  $\text{♩} = 66$

Riq: behind audience, with riq and ankle bells,  $f$ , 3

20 - 25"

A. Fl.: 3, za ka, bo, ka za ka, za ka ka za, za ka flz., tse, flz., spit →  $\text{○}$

Riq:  $f$ , ff sub., mp, f, mp, ff, pp, p, slowly and deliberately begin walking forward, but do not let your steps get in sync with the flute rhythms,  $\text{♩} = 66$

A. Fl.: stop walking,  $\text{♩} = 66$

Riq: f, 3, mp, pp, 5, s, f, 3, ff, 3

2

15 - 20"

A. Fl.

Riq [II X] resume walking and ad lib soft, sparse riq interjections as you walk

 $\downarrow = 66$ 

A. Fl.

split

Riq [II 4/4] stop walking 5 f

split

split

flz.

12 - 15"

A. Fl.

za ka za ka ka ka za ka tse ka bo flz.

Riq [II 3/4] 5 6 7 resume walking and ad lib soft, sparse riq interjections as you walk

ffff pp p mp mf n

ff n

10 - 12"

8 - 10"

6 - 8"

A. Fl.

Riq

ta ta ka za ka tse ka bo      tse flz.  
 $p \longrightarrow f$        $mp \longrightarrow n$        $pp \longrightarrow$        $f \longrightarrow p$        $mp \longrightarrow$        $ff \longrightarrow n$

gradually increase the intensity and dynamics of the improvisation

8 - 10"

A. Fl.

Riq

tse flz.      spit →  $\circ$        $\text{♩} = 66$   
 $ff \longrightarrow n$        $ff \longrightarrow pp$       za ka bo  
 $f$       ka za ka      tse ka ka za      za ka

stop walking

$f$

A. Fl.

Riq

21      flz.      tse      flz.      spit  
 $n$        $mp$        $n$        $ffp$

$\text{♩} = 66$

$\frac{3}{8}$        $\frac{3}{8}$       S       $\frac{5}{8}$       S       $\frac{5}{8}$       S       $\frac{5}{8}$        $\frac{5}{8}$

10 - 12"

A. Fl.

Riq

resume walking and ad lib soft, sparse riq interjections as you walk

12 - 15"

Repeat 2 - 3 times to allow percussionist to reach stage, gradually increasing the tempo and intensity throughout.  
On final repetition, transition from using the syllables to control the sound of the flute to shouting into the flute.

A. Fl.

Riq

gradually increase the intensity and dynamics of the improvisation and begin adding vocalizations similar to those used in the flute

Begin chanting together loudly after percussionist reaches the stage. Repeat the pattern below as many times as necessary to complete these instructions. Start at a medium-fast tempo. Crescendo as you gradually separate from each other, changing the tempo and syllable groupings freely. Breathe as needed. Get as loud as you can, stay there for a little while and then decrescendo and accelerando until you are both whispering as fast and as soft as possible. Suddenly stop to end the movement.

A. Fl.

Perc.

Remove ankle bells before movement II

## II. The Bottle Tree

**Fluid and flexible**  $\text{♩} = 72$ 

Fl.

LARGE WIND GONG

Perc.

**p** L.V. throughout

6

flz.

Fl.

ZABUMBA

Perc.

**f** **p**

11

flz.

Fl.

mp

pp

n

SMALL WIND GONG

Perc.

**f** **p** **f** **p**

Musical score for Flute (Fl.) and Percussion (Perc.). The Flute part starts with a grace note followed by eighth-note pairs in 3/4 time, dynamic *p*, then *mp*. The Percussion part begins with a sustained note in 3/4 time, dynamic *f*. Both parts transition to 5/4 time at measure 15.

Musical score for Flute and Percussion, page 20.

**Fl.**

20

Flute part: Measures 1-4 show a melodic line in 2/4 time. Measure 5 begins in 5/4 time with a dynamic *mf*. Measure 6 begins in 6/4 time. Measure 7 starts with a dynamic *sfz*. Measure 8 begins in 4/4 time with a dynamic *p*. Measures 9-10 begin in 5/4 time with dynamics *mp* and *flz.* respectively.

**Perc.**

Percussion part: Measures 1-4 show rhythmic patterns in 5/4 time with a dynamic *f*. Measures 5-6 show patterns in 4/4 time with a dynamic *p*. Measures 7-8 show patterns in 5/4 time with a dynamic *f*. Measures 9-10 show patterns in 4/4 time with dynamics *p* and *mp* respectively.

Musical score for Flute and Percussion, page 24. The Flute part starts with dynamics *pp* and *sfz*, followed by *p* and *mf*, and ends with *sfz*. The Percussion part starts with *f*, followed by *p* and *f*.

Fl. *tr~~~~~*  
 28 *f* *mp* *sfp* *p*

Perc. *ff* *p* *mf* *mp* *p*

Fl. *flz.*  
 32 *mp* *pp* *p* *mp* *pp* *sfp*

Perc. *pp* *p*

Fl. *mp* *mf* *pp* *sfp* *p* *mp*

Perc. *p*

42

Fl.

*mf*

*n*

*pp*      *mp*

ATTACCA

Perc.

*p*

ATTACCA

### III. A Calling On Song

Mysterious and tense ♩ = ca. 66-76

The musical score consists of four systems of music for Flute (Fl.) and Percussion (Perc.).

**System 1:** Flute part shows sustained notes with dynamics *n*, followed by a melodic line with a dynamic *flz.* Percussion part shows patterns for "3 TRIANGLES" and "5 ELEPHANT BELLS" with dynamics *n*, *p*, *pp*, *5*, *3*, and *5*.

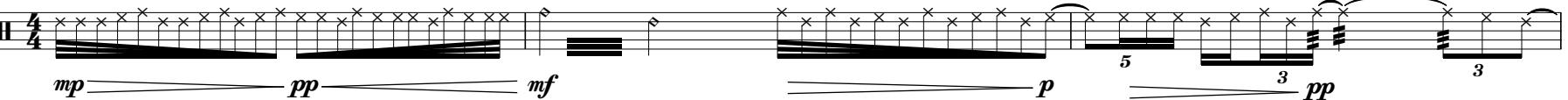
**System 2:** Flute part starts with a dynamic *p* and a tempo marking "5". Percussion part continues the triangle/bell pattern with dynamics *p*, *mp*, *p*, *pp*, *3*, *3*, and *mp*.

**System 3:** Flute part shows a melodic line with dynamics *n*, *pp*, *mp*, and *n*. Percussion part continues the triangle/bell pattern with dynamics *5*, *p*, *pp*, *p*, *3*, *5*, and *5*.

**System 4:** Flute part shows a melodic line with dynamics *n*, *pp*, *mp*, and *n*. Percussion part continues the triangle/bell pattern with dynamics *5*, *p*, *pp*, *p*, *3*, *5*, and *5*.

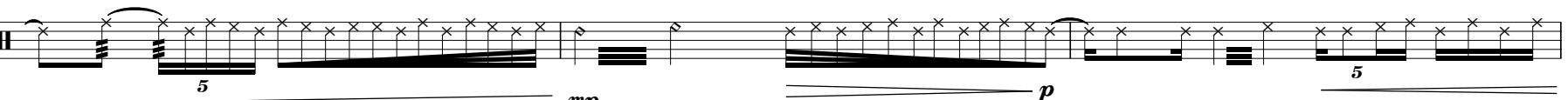
12

Fl. 

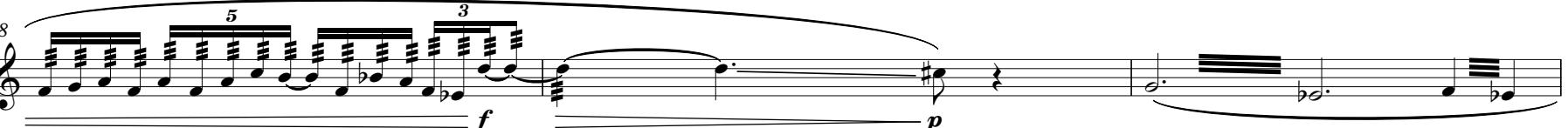
Perc. 

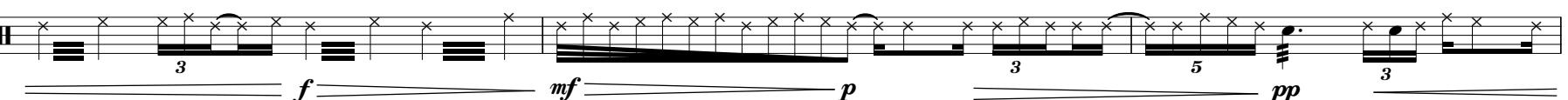
15

Fl. 

Perc. 

18

Fl. 

Perc. 

21

Fl.

*mf*      *p*      *ppp*

Perc.

*f*      *mf*      *p*

start in tempo, speed up, and then slow down

24

Fl.

*mp* *sempre legato*      *f*      *p*

Perc.

*mp*      *p*      *f*

27

Fl.

*n*      *ppp*      *mp*      *pp*      *n*      *mf*      *pp sub.*

Perc.

*mp*      *p*      *mf*      *pp*

30

Fl. *mp* 5 *ppp* 3 *mf* 5 *mf* 3 *tr*

Perc. 5 3 *mf* 3 5 *mp* 3 *n*

33

Fl. *p* 5 *f* 3 *p* 5 *ppp* 5

Perc. 5 *p* 3 *f* 3 *n* 5 *ppp* 5

8 - 10"

start in tempo, speed up, and then slow down

36

Fl. *p* *sempre legato* *f* *p*

start in tempo, slow down, and then speed up

Perc. *f* *n* *pp*

39

Fl. 5

Perc. 3 5 3

43

Fl. 5 3

Perc. 5 3

47

Fl. 5 3 5 5

CROTALES

Crot. 5

Perc. 5 3

52

Fl. *mp* 5 *ppp* 5 *mf* *ppp* *n*

Crot. 3 *p* *mp* *p* 3 *mf*

Perc. *pp* 5 *mp* *pp* 5 3 *mf* *n*

56 *tr*

Fl. 5 *f* *ff*

Crot. 3 *p* *f* 3 *ff*

Perc. *p* 3 *f* 5 *ff*

Fl. *mf* *p* 3 5 3 3 5 5

Crot. *p* 3 3 5 *mf* *p sub.* 5

Perc. 3 5 5 3 5 3 5 *mf*

accel. poco a poco

Fl. 3 5 3 5 3 5 3 5 *f* 3 5

Crot. 3 5 3 5 3 5 3 5 *f* 3 5 *ff*

Perc. *ff* 3 5 *mf* *p* 3 5 *ff* *f*

Fl. 66 3 5 3 5 | X ffff fffff possibile

Crot. 3 5 3 5 | X ffff

Perc. H mf 3 mp | - X

70 7 - 9" 10 - 12" 4 - 6"

Fl. ad lib ghost tones with fingered notes and whistled notes moving in opposite directions p decresc. al niente

Perc. ad lib scraping around the outside of elephant bell tines with brushes p decresc. al niente